

MASTER RRP



AUGUST 2010

Sell
kg

Sell
lbs

FISH

Basa Fillet stuffed spinach & cheddar cheese sauce	£3.75	each
Cod - Breaded	£7.99	£3.62
Cod in Parsley Sauce	£2.99	each
Coquilles St Jacques	£3.69	each
Crab - Devon Dressed	£4.29	each
Fish Cakes - Crab	£0.88	each
Fish Cakes - Haddock, Mozzarella & Spring Onion	£0.99	each
Fish Cakes - Mixed White Fish	£0.52	each
Fish Cakes - Salmon	£0.60	each
Fish Cakes - Salmon & Prawn	£0.99	each
Fish Cakes - Tuna & Mozzarella	£0.99	each
Haddock - Breaded	£8.35	£3.79
Haddock - Smoked	£12.25	£5.55
Mussels in White Wine Sauce (per 450g pack)	£4.05	each
Paella	£7.35	£3.33
Plaice - Breaded	£9.65	£4.38
Plaice - Fillets	£10.15	£4.60
Prawns - Faroese	£14.45	£6.55
Prawns - King	£17.29	£7.84
Salmon Fillet in a Creamy Lobster & Brandy Sauce	£2.99	each
Salmon Fillet in a Creamy Watercress Sauce	£2.99	each
Scampi Breaded Wholetail	£15.29	£6.94
Seafood Chowder	£2.95	each
Shetland Salmon	£19.99	£9.07
Tart - Smkd Haddock & Salmon	£2.40	each
Tuna Steaks	£13.45	£6.10

POULTRY

Chicken Cordon Bleu	£1.15	each
Chicken Kiev	£1.15	each

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BAKERY

Apple Strudel	£1.12	each
Apple Turnovers	£0.75	each
Bakewell Tart	£1.49	each
Cheesecake - Lemon	£1.99	each
Cheesecake - Raspberry	£1.99	each
Chocolate Twist	£0.75	each
Cinnamon Swirl	£0.69	each
Cornish Pasty	£2.69	each
Croissant - Butter	£0.32	each
Croissant - Ham & Cheese Savory	£0.75	each
Danish - Apricot	£0.95	each
Danish - Maple Pecan	£0.75	each
Danish - Vanilla Custard	£0.60	each
Dumplings	£4.35	£1.97
Garlic Bread	£1.99	each
Pain au Chocolat	£0.43	each
Pain aux Raisins	£0.65	each
Pastry - Puff	£2.35	each
Pastry - Short Crust	£2.35	each
Sage & Onion Stuffing Balls	£4.99	£2.26
Treacle Tart	£1.39	each
Yorkshire Puddings	£0.30	each

field-fare KITCHEN READY MEALS

Each

Asparagus & Gruyere Crown (230g)	£2.99	-
Beef Lasagne (for one - 480g)	£3.25	-
Beef Stew with Herb Suet Dumplings (for one - 350g)	£3.65	-
Chicken Tikka Masala (for one - 350g)	£3.85	-
Chicken, Leek & Mushroom Pie (for one - 350g)	£3.55	-
Coq au Vin (for one - 350g)	£3.99	-
Cottage Pie (for one - 450g)	£3.69	-
Fisherman's Pie (for one - 400g)	£4.30	-
Lamb Moussaka (for one - 350g)	£4.15	-
Liver & Bacon (for one - 350g)	£3.99	-
Macaroni Cheese (for one - 350g)	£2.79	-
Moroccan Harissa Chicken (for one - 350g)	£4.39	-

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Mushroom Stroganoff (for one - 350g)	£3.29	-
Mushroom, Stilton, Pine Nut Parcel (230g)	£3.40	-
Salmon en Croute (230g)	£3.79	-
Sausage & Onion Casserole (for one - 350g)	£2.75	-
Spicy Meatballs (for one - 350g)	£3.85	-
Spinach & Ricotta Cannelloni (for one - 350g)	£3.40	-
Steak & Ale Pie (for one - 350g)	£3.86	-
Steak, Kidney & Mushroom Suet Pudding	£3.39	-
Tart - Sweet Pepper & Goats Cheese Filo	£2.99	-
Bramley Apple Pie (850g 4/5 portion)	£4.95	-
Chocolate Brownie Sponge Pudding	£1.85	-
Dark Sweet Cherry Pie (850g 4/5 portion)	£4.95	-
Gooseberry Crumble (450g 2/3 portion)	£3.79	-
Jammy Sponge Pudding	£1.85	-
Rhubarb & Ginger Crumble (450g 2/3 portion)	£3.79	-
Spotted Dick	£1.85	-